



# FRANKLIN FARM FROGGER FLYER

July 2, 2023/Vol. 006

## IMPORTANT INFORMATION



### Be the first to know about weather cancellations! Sign up for text messaging!

Log into your account (the same place you're declaring your kids for meets).

- Go to My Account —> Account Info
- Scroll to Account Contact Information and update the Mobile/SMS field (up to two phone numbers may be added).
- Save the changes. You'll receive a text asking to verify your Mobile/SMS. Click that link or use the provided code in your Account Info. Your Mobile/SMS will show Verified and you'll be set!

### Upcoming Dates:

7/3 Volunteer signups for IM Tough/Relay Carnival, 5pm  
7/4 YES! Practice will be held this day!  
7/5 B-Meet @ SP  
7/7 Donuts after practice (sponsored by HotWorx!)  
7/8 A-Meet @ Burke Center Penguins  
7/9 Relay Carnival @ Sugarland Run  
7/10 IM Tough @ Chantilly Highlands  
7/11 Froggers go to Launch

Volunteer Signups for Relay Carnival and IM Tough will open at 5pm on Monday, July 3. Remember, you must fulfill your 7 volunteer credits to register as a Returning Frogger next year.

The B-Meet this week is at HOME. Yay! Be on deck at 4:40pm. The theme is USA.

Check for ribbons! The ribbon box is located on the tables by the guard house during practice every morning.

### Join us Friday!

HotWorx, a new infrared workout facility, will be sponsoring donuts for the swimmers and coffee for parents after practice on Friday. Come for some giveaways and promotions.

### Froggers go to Launch!

Tuesday, July 11 from 5-6:30! Use the Sign Up Genius to RSVP by 8pm on July 9. See email for more details!

### Join the Board!

Want a new green polo shirt? And all your volunteer hours covered? JOIN THE FROGGER BOARD! Open roles include Treasurer, Secretary and League Rep. Reach out to Sarah Catalano if you would like more information.

